

ABSTRACT OF THE DISCLOSURE

An extendable and contractable steering column apparatus includes an outer column through which an inner column is slidably inserted, a lock housing portion formed on the outer column, and a locking mechanism that includes a pair of movable pieces slidably fitted within a cylinder bore formed in the lock housing portion. In response to swinging of an operating lever, the locking mechanism shifts the pair of movable piece toward each other so as to press the inner column and to shift the pair of movable pieces away from each other so as to release the pressure on the inner column. The locking mechanism is provided with a threaded screw hole formed in a first movable piece among the pair of movable pieces, a through-hole formed in a second movable piece among the pair of movable pieces, and a screw rod inserted through the through-hole of the second movable piece provided with a screw portion threaded in the threaded screw hole of the first movable piece and a head portion to be in contact with an end surface of the second movable piece and to which a base end portion of the operating lever is fixed.